

Personal Devices and Student Mental Health Pathways of Action



Section 1—Gap Analysis—helps users identify resources they have, or may need, and/or areas/items require further investigation to facilitate the development of actions to effectively limit student access to personal devices during the school day. Section 2—Questions for Action—guides users toward the establishment of a plan for action. Where the Pathways of Action form leads users, will depend on their own needs and the context in which they work. Please add further context in the comments (ex. whether or not the organization/entity is actively working on the issue).

Section 1: Gap Analysis

	Pathways of Action	Where to Look	Yes	No	?	N/A	Comments
1	Are there any state regulations?	Age-Appropriate Design Code - State Department of Education Guidelines State law for Restricting Personal Devices					
2	Do you have any collective bargaining language?	CBMA Database					
3	Do you have any school board policies?	Found through school resources or Google search					
4	Do you have any community or national partners?	Link to resource page for national partners					
5	Do you have any parent allies?	Link to resource page for national partners					
6	Local association committees/ Leader Support	- Local branches of non-profits (county MHA's, city MHA'S, NAMI's) - Local unions - School Health Advisory Committee - School Wellness Committees - City council members					
8	Union worksite presence	Local Affiliate- Bargaining/Non-Bargaining					
9	Labor-management committees	Local Affiliate- Bargaining/Non-Bargaining					

Section 2: Getting On Your Pathway for Action

Now take time to reflect on your gap analysis to prepare you to answer the following questions and support next steps for taking action on the issue.

- 1) For this issue, I want to:
 - a. Drive a policy campaign
 - b. Grow my community of advocates on this issue
 - c. Address collective bargaining or non-bargaining opportunities
 - d. Not sure, I need to find out more from my affiliate and members on their position and needs on these issues
- 2) Am I ready to:
 - a. Drive a policy campaign
 - b. Grow my community of advocates on this issue
 - c. Address collective bargaining or non-bargaining opportunities
- 3) Whom in my affiliate could I contact for support to get started?
- 4) What external organization/s do I want to reach out to?
- 5) What additional information, supports or resources do I need about the issue, my affiliate and member position, the community?
- 6) What are two first actions I can take to start leading advocacy efforts for limiting personal devices in my district or corporate accountability?